

SNOHOMISH COUNTY COUNCIL ON AGING SEPTEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8 <i>Diversity</i>	9	10	11	12
13	14 <i>Healthy Aging</i>	15	16	17	18	19
20	21	22 <i>Advocacy</i>	23 COA <i>Educational Presentation</i>	24	25	26
27	28	29	30			

REMINDERS: SLEEP WELL FOR YOUR HEALTH PRESENTATION - SEPTEMBER 23, 2015 - 10:30 TO 12:00
NO FAE, SENIOR CENTER OR EXECUTIVE COMMITTEE MEETINGS.
NEW - COA MEETINGS BEGIN AT 9:30 AM

STAFF

Joyce Frasu, Prog Specialist
425-388-7377
j.frasu@snoco.org

Stefanie Novacek, Prog Mgr.
425-388-7019
s.novacek@snoco.org

John Peterson, Prog Mgr.
425-388-7307
j.peterson@snoco.org

Danielle Maiden, Prog Mgr.
425-388-6433
danielle.maiden@snoco.org



Susie Starrfield, Supervisor
425-388-7218
s.starrfield@snoco.org

Linda Moss, Division Mgr.
425-388-7360
linda.moss@snoco.org



MEETINGS

HEALTHY AGING - STEFANIE NOVACEK

2ND MONDAY
10:00 TO 11:30 AM
CONFERENCE ROOM 6A04

SENIOR CENTERS - DANIELLE MAIDEN

2ND THURSDAY
9:30 TO 11:30 AM (BI-MONTHLY)

DIVERSITY - JOHN PETERSON

2ND TUESDAY
1:30 TO 3:00 PM
CENTER FOR HEALTHY LIVING

FAE - JOHN PETERSON

MEET AS NEEDED

ADVOCACY - DANIELLE MAIDEN

4TH TUESDAY
10:00 TO 11:30 AM
CONFERENCE ROOM 6A04

COA - JOYCE FRASU

4TH WEDNESDAY
9:30 TO 11:30
COMPASS HEALTH

EXECUTIVE - SUSIE STARRFIELD

4TH WEDNESDAY
MEET AS NEEDED
COMPASS HEALTH

By all these lovely
tokens September
days are here,
With summer's best
of weather
And autumn's best
of cheer.

Helen Hunt Jackson